



# Tromsø & Sommarøy - City & Islands Under the Midnight Sun



**HOLIDAY TYPE:** Small Group  
**VISITING:** Norway

**BROCHURE CODE:** 5225  
**DURATION:** 4 nights

## In Brief

Experience the perfect mix of Norway's natural scenery with buzzing city culture during this four-night stay. You'll spend two nights in the heart of Tromsø and another two on the peaceful island of Sommarøy with a Polar fjord cruise and Midnight Sun sailing experience.



## What's included?

- **Transfers:** return airport transfers and transfer to Sommarøy
- **Accommodation:** 2 nights at Clarion Hotel The Edge in a standard double/twin room, 2 nights at the Sommarøy Arctic Hotel in a standard double/twin room
- **Meals:** 4 breakfasts, 2 lunches, 2 dinners
- **The following activities are included in the holiday:** Polar fjord cruise, Midnight Sun sailing experience\* (the order of activities is subject to change)
- Fully qualified guides and instructors during activities

**\*Please note:** the Midnight Sun is visible in Tromsø between 22nd May – 22nd July (approximately), outside of these dates you will enjoy a sunset sailing experience

## Trip Overview

Northern Norway is not your typical summer destination but when you consider the highlights on this trip - white sandy beaches on a remote island, sailing tours across fjords, local cuisine and culture - then being out of the norm is most definitely not a bad thing. What's more, when you consider that from mid- May until the end of July (c.22nd May-22nd July), this area is washed in the 24-hour glow of the Midnight Sun, we can't think of a better time to visit this spectacular destination.

This four-night trip gives you an excellent mix of buzzing city life with quaint coastal villages, offering you the chance to experience the real Norwegian highlights. You'll start in Tromsø, known affectionately as the 'Paris of the North' or the 'Gateway to the Arctic', with each nickname becoming abundantly clear when you set foot here. With its vibrant selection of restaurants and museums and surrounded by spectacular nature, your time in Tromsø will allow you to experience both. You'll have plenty of free time to explore the city and the included activities of the Polar fjord cruise and Midnight Sun/Sunset sailing experience are the perfect opportunity to get up close to the fjords and your breath-taking natural surroundings.

The second half of your trip takes place in Sommarøy, known fondly as 'Summer Island'. With clear blue waters and white sandy beaches, this peaceful location is a sublime place to stroll around and explore. Your hotel overlooking the Atlantic Ocean also provides a wonderfully scenic backdrop for

your included three-course Arctic dining experiences.

With long daylight hours, jaw-dropping scenery, and exciting activities, this four-night stay is your chance to turn a typical summer holiday on its head for an unforgettable trip.

White outline Interreg Nord

Image Credits: Sommaroy Arctic Hotel, Lost in Norway, Tromsø Adventure.

## Agenda

Please note the order of activities is subject to change

DAY  
1

### ARRIVAL AND WELCOME

Following your arrival at Tromsø Airport, you will be transferred 15 minutes to your hotel in the city.

You'll be staying within easy walking distance of Tromsø's many restaurants where you could try some of the local dishes.

**Included Meals:** None

DAY  
2

### POLAR FJORD CRUISE AND MIDNIGHT SUN/SUNSET SAILING

Following breakfast, you will experience genuine Arctic wildlife such as sea eagles on a cruise through the magnificent fjords that surround Tromsø. You will leave Tromsø behind and soon be in picture postcard scenery, while a selection of snacks are provided (including fresh fish) as you. This is the perfect combination of adventure and comfort as your vessel has a warm cabin if required but you can also stay on deck to admire the unmissable views.

Your crew will feature experienced fishermen from the area and these local "pirates" will tell you old tales and traditions that their ancestors have passed on through generations. If you wish you will even get the opportunity to fish and sample the catch!

This tour last approximately 4-5 hours.

Back on land, you'll have the rest of the afternoon free to do as you please before your sailing excursion this evening.

With a maximum capacity of 25 per tour, this intimate sailing experience takes you along the fjord as it's bathed in a golden glow. If you're travelling between May and July (c.22nd May-22nd July), your sailing experience will be under the stunning light of the Midnight Sun, if you're travelling outside these months, you'll witness the spectacular sunset over Tromsø's surrounding waters (weather permitting). Hot drinks and snacks are included during the tour.

**Included Meals:** Breakfast

DAY  
3

## TRANSFER TO SOMMARØY

Today, following breakfast, it's time to check out of your hotel and head to Sommarøy, just over an hour away. The bus journey allows you to see more of Norway's beautiful landscape as you make your way into the traditional fishing community of Sommarøy.

Your hotel overlooks the Atlantic Ocean, right in the heart of this remote, yet thriving coastal community.

Enjoy lunch in the hotel in a beautiful setting, situated by the sea and serving food from the Arctic. Afterwards, why not take a stroll around the island – you can circumnavigate this little gem and its famed white sand beaches in about an hour, but please take your camera and allow time to take some picture of your stunning surroundings.

This evening, dinner will be served in the hotel.

**Included Meals:** Breakfast, Lunch, Dinner

DAY  
4

## FREE DAY

Today, following breakfast, you'll have the day free to yourself to explore Sommarøy. Wander around the coastal path or take one of the many hiking paths to get up close to the beautiful nature. Alternatively, you might want to enjoy one of the many optional activities, such as sea kayaking, a boating tour of the islands, or a hiking tour of the surrounding hills – please see our personalise tab for full details.

Tonight, another three-course Arctic dinner will be served in the restaurant at the hotel so you can enjoy your final night peacefully by the water.

**Included Meals:** Breakfast, Lunch, Dinner

DAY  
5

## DEPARTURE

Today it is unfortunately time for your city and island adventure to come to an end. Have breakfast in the hotel before we transfer you to the airport for your flight home. If you have an early flight time, we

will box up breakfast for you to take with you.

**Included Meals:** Breakfast

## Personalise this tour

---

### Our pick



### Sommarøy – Midnight Sun kayaking

What better way to experience the Midnight Sun than by kayak. Glide through the calm still waters and keep your eyes open for any whale sightings along the way. You will also be able to view seals and sea eagles within their own environment. All of this along with an instructor, equipment and an experience you will never forget.

This is a unique version of the daytime kayak expedition, taking place in the light summer evenings with the advantage of the Midnight Sun to show nature at its very best.

**Duration:** 6 hours

**Start Time:** 19.00

**Available:** Wednesday and Saturday

---

### Other options

#### ACTIVITIES



## Hike and Boat Evening Tour

During this tour, you'll visit Håja, a small and uninhabited island accessible only by boat. You'll be able to spot the island by its distinguishable grassy hilltop rising dramatically from the sea. It truly does like something from an epic adventure film set.

After anchoring up, get ready to head to the summit on foot. The terrain begins with a steep uphill climb and then eases into a gentle slope, but the initial effort is absolutely worth it for the panoramic views of the surrounding islands and fjords at the top.

Following the descent, you'll head back to Sommarøy whilst watching out for the local wildlife as the sun brushes the horizon.\*

\*The Midnight Sun occurs between 22nd May to 22nd July (approximately), when the sun does not drop below the horizon. If you are travelling outside of this time, whilst it will still be light during the tour, the sun will be setting as you return to land.

**Duration:** 4 hours

**Start time:** 19.00



## Sea Kayaking

Get into nature as you discover the surrounding areas of Sommarøy by kayak. Suitable for all abilities, you'll be given full instruction by your expert guide before heading out to sea.

Marvel at the impressive landscape as you glide through the treasure trove of islets on the hunt for hidden beaches. Closer to the shoreline, you'll see the reef through crystal clear waters and potentially spot maritime wildlife.

You'll get the chance to go ashore and explore one of the islands, where your guide will discuss the local flora and fauna and share their in-depth knowledge of the coastal community and the region of Sommarøy.

**Duration:** 6 hours

**Start time:** 10.00

**Available:** Monday, Wednesday and Saturday



## Sommaroy - Sea Eagle Safari

With a wingspan of over 2 metres, viewing a sea eagle up close will be an unforgettable part of any stay on Sommaroy. The island is host to a sizeable colony of these majestic birds year round, but they are best seen in the summer months, with maximum daylight on your side and a heated boat and guide at your disposal.

Your guide will even throw fish for the eagles who will snatch them out the air with the sharp vision and even sharper talons, providing a close up look at them in action.

**Duration:** 1-2 hours

**Start Time:** 11.00

**Available:** Tuesdays and Fridays

## Included Accommodation

Clarion Hotel - The Edge (Nights: 1-2)



Situated in the heart of the city centre, the Clarion Hotel The Edge is a perfect base to explore Tromsø's vibrant culture scene.

## Hotel Facilities

- Enjoy spectacular views of the Midnight sun from the 11th-floor sky bar - the only one of its kind in the city
- The hotel puts great emphasis on being eco-friendly and is built with an environmental classification A
- Keep up with your fitness in the onsite gym with stunning sea views
- Enjoy tastes of Manhattan made using Arctic ingredients in the 'Kitchen and Table' restaurant

## ROOM FACILITIES

- **Twin/Double Rooms:** the hotel offers standard double rooms as well as a standard twin room (two single beds). All rooms are ensuite and come with Wi-Fi, minibar, iron and ironing board
- **Deluxe Double/Junior Suite/Family Room:** for larger groups, we can offer an upgrade to a deluxe double (sleeps up to 3 persons) or a junior suite or family room for 4 people

**Please note:** the hotel is cash-free; they take payment by credit or debit card and accept all major international cards.

## Sommarøy Arctic Hotel (Nights: 3-4)



Overlooking the Atlantic Ocean and located within the picturesque Sommarøy coastal town your stay here will guarantee sea views. Located in a traditional fishing community you will be provided with fresh local dishes and an insight into how they hunt and fish.

## Hotel facilities

- Relax in the hotel's wood-fired sauna or take a dip in the outdoor hot tub and enjoy the views of the sea
- The hotel offers free private parking to all guests
- Breakfast which is included in your stay is served within the on-site lobby restaurant which uses fresh local ingredients where possible.

## Guest bedrooms

**STANDARD DOUBLE/TWIN:** Your stay will be in a standard double/twin shower en-suite bedroom.

They all come equipped with Internet, TV, desk, hairdryer and seating area.

# The Specifics

## Holiday group size (approximate)

Minimum 1 person; maximum 24 people

## Group Size

We always try to provide an approximation of the group size you can expect to be with for the duration of each of our holidays. It may be that you are joined by others for parts of your holiday (such as transfers and particular activities) but the above number reflects those you can normally expect to be with from beginning to end. If group size is something which is particularly important to you, please speak to our Travel Experts and they can suggest the best holidays for you.

Tailor-made holiday group sizes will vary for all activities as will the group size for any additional activities you book.

## Minimum and maximum age

If a specific minimum age applies to this holiday, it can be found in the Key Facts box on the holiday Overview page.

Unless otherwise stated in the in the Key Facts box on the holiday Overview page, the minimum age for participation in an Artisan holiday is typically 8 years old (there may be younger children in some destinations who have booked with other companies). If an adult-only environment is important to you, then please contact our Travel Experts and they will advise on the best dates and destinations for you. If you are looking for a holiday designed specifically for families then please see our sister company [www.activitiesabroad.com](http://www.activitiesabroad.com)

## Itinerary amendments

The order of activities listed in this agenda is provided for guidance only, your final and detailed itinerary will be provided either with your final travel documents (which are uploaded into your online account around a week prior to departure) or upon arrival.

## Terms and Conditions

Our full booking terms and conditions can be found on our website: <https://www.artisantravel.co.uk/booking-conditions>

Minimum travellers 10, Maximum travellers 20